

Christ Church

10th, 17th & 24th March

12.30-1.45pm

St Andrew's Church Hall

31st, 7th & 14th April

12.30-1.45pm



Relaxed occasions to meet friends
and enjoy soup, bread, cheese, pate,
fruit, tea or coffee during Lent

Just come along

NO BOOKING
REQUIRED

The two charities the Lent Lunches are supporting this year are:

The Bishop's Lent Appeal 2025

You Are Not Alone (YANA). YANA provides rural mental health support for those involved in agriculture and other rural businesses who are affected by stress and depression. Its mission is to improve mental health in agriculture and rural businesses in East Anglia. Money raised by the appeal will go towards funding YANA's telephone helpline (0300 323 0400), which offers confidential support to those in need.

Tearfund's Middle East Humanitarian Appeal

In Gaza Tearfund's International Health Partners are providing medicine and healthcare. In Lebanon it is working through local churches to provide food, mattresses and other essentials. In the West Bank it is working with the Diocese of Jerusalem, which is providing healthcare and education to those affected. This work is only possible with the support of donations to Tearfund.

There is no set charge but we would be delighted if you felt able to make a donation to one or both of these two charities.

We look forward to seeing you.

Contact:

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